Gordon Ramsay's fish pie recipe - goodtoknow

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Gordon Ramsay's fish pie



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There's nothing better than a hearty fish pie during the cold, winter months and this version from Gordon Ramsay is a hit.

· Serves: 6

• Prep time: 15 mins

· Cooking time: 1 hr 20 mins • Total time: 1 hr 35 mins

· Skill level: Bit of effort

• Costs: Mid-price

• Print Recipe

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Ingredients

• 1 onion, peeled and quartered

• 3-4 cloves

• 1 bay leaf

250ml double cream

• 250ml whole milk

 \bullet 400g firm white fish fillets

• 400g smoked haddock fillets

30g butter

• 2 leeks, trimmed, well washed and thinly sliced

• 30g plain flour

Sea salt and black pepper

· Handful of flat-leaf parsley leaves, chopped

• 300g peeled raw prawns

Topping:

- 750g Desirée potatoes, peeled
- 75g butter, cubed
- 50ml hot milk
- 2 large egg yolks
- 75 100g medium Cheddar, grated

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Method

- 1. Stud the onion with the cloves. Put into a wide pan along with the bay leaf, cream and milk and bring to a simmer. Lower the white and smoked fish fillets into the pan and poach for 3-4 mins; it won't matter if the fish is slightly underdone at this stage. Lift it out of the pan onto a plate.
- Pass the cooking liquor through a fine sieve into a jug and reserve.
- Melt the butter in a saucepan, add the leeks and sweat for 4 6 mins until soft. Stir in the flour and cook, stirring, for another couple of minutes. Gradually stir in the reserved fish cooking liquor and let simmer for 10-15 mins, stirring from time to time, until thickened to a sauce consistency. Season well with salt and pepper to taste and stir in the chopped parsley
- 4. For the topping, cut the potatoes into chunks and add to a pan of salted water. Bring to the boil, lower the heat and cook for 15-20 mins, until tender when pierced with a knife. Drain well and push through a potato ricer, or mash until smooth. Add the butter and hot milk and mix until well incorporated. Allow to cool slightly, then stir in the egg yolks. Season well.
- 5. Preheat the oven to 200°C (fan 180°C/gas mark 4). Flake the fish into bite-sized pieces and add to the leek sauce with the prawns. Stir until evenly combined. Transfer to a 1.75 2lt ovenproof baking dish and spoon the mash on top, spreading it evenly. For a traditional fish pie finish, mark the surface with the tines of a fork. Scatter over a generous layer of grated cheese. Bake in the oven for 25-35 mins, until the fish pie is bubbling and golden brown on top. Let stand for a few minutes, then serve the fish pie with peas or green beans.

This recipe is taken from Gordon Ramsay's World Kitchen: Recipes from The F Word, published by Quadrille, priced £20, available from Amazon

By Gordon Ramsay

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Nutritional information

Guideline Daily Amount for 2,000 calories per day are: 70g fat, 20g saturated fat, 90g sugar, 6g salt.

http://www.goodtoknow.co.uk/recipes/435067/Gordon-Ramsay-s-fish-pie

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